

## The Ant And Elephant Leadership For Self A Parable 5 Step Action Plan To Transform Workplace Performance Vince Poscente

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### Ep7 - The show about The Ant and the Elephant

The Ant and the Elephant by Bill Peet (read aloud )The Ant and the Elephant by Bill Peet ELEPHANTPOWER Systems - The Ant and the Elephant Concept [Elephant and Ant in English | Stories for Teenagers | English Fairy Tales](#) CKTH : 2 THINGS : THE ANT AND THE ELEPHANT Leadership Lessons: Elephant Tales - The Elephant and the Ants The Ant and the Elephant [The Ant and the Elephant by Orrin Woodward](#) The Ant and the Grasshopper + More Nursery Rhymes /u0026 Kids Songs - CoComelon Sujatha Gidla: 2018 National Book Festival [Read With Me The Ant and the Elephant](#) The Elephant, The Rider and the Path - A Tale of Behavior Change [The Ant and the Elephant – by Bill Peet – Kids Book Read Aloud](#) The Ant and the Elephant BY Vince Poscente (REVIEW)! The Elephant and the Ant with English Subtitle - Bedtime Story New Ant and Elephant story The Elephant and The Ant | Stories For Kids | Fairy Tales and Bedtime Stories By TinyDreams [The Ant and the Grasshopper | Agile Aesop: Leadership Fables Story Time With Michele! /The Ants' Secret / read aloud for kids- The Ant And Elephant Leadership](#) Our ant is the intentional part of the brain, but our elephant is the instinctual, impulsive part of the brain that houses emotions and memories and even guides the body to perform vital functions. While we tend to know our conscious minds -- our ants -- rather well, we often overlook the power of our elephantine subconscious minds.

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Buy The Ant and the Elephant: Leadership for the Self, A Parable and 5-Step Plan to Transform Individual Performance by Poscente, Vince (2006) Hardcover by (ISBN: ) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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The Ant and the Elephant: Leadership for the Self: A Parable and 5-Step Action Plan to Transform Workplace Performance. A renowned speaker, business consultant, record-setting speed skier and Olympian, Vince Poscente believes in the enormous potential of the unconscious mind. Poscente likens the dynamic between the conscious and subconscious minds to an ant and an elephant: "Our minds are separated into two distinct functions the conscious and subconscious elements.

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Even the most competent among us battle the subconscious fears, habits, and attitudes that obstruct authentic leadership. In fact, adjusting our own patterns of behavior as a means to motivate others is not unlike an ant trying to convince an elephant to change its ways. Meet Adir the ant and Elgo the elephant.

### [The Ant and the Elephant: Leadership for the Self By ...](#)

With this in mind, Poscente gives the reader a 5-step life-changing action plan, to better leverage the vast potential of the elephant or you sub-concious mind. Video Review of The Ant and the Elephant: Leadership for the Self: A Parable and 5-Step Action Plan to Transform Workplace Performance by Vince Poscente,

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This story is about Adir, the ant. Adir lives on the back of Elgo the elephant, although at first he doesn't even realize he lives there. Adir and Elgo both want to reach the oasis, representative of our personal goals, but Elgo (the subconscious) keeps leading them astray.

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Comparing the elephant to the ant depicts the enormous difference between the power and size of your subconscious versus your conscious mind. As the story unfolds, the ant gradually takes charge of the elephant and leads him to the oasis – just as your conscious mind can control your subconscious... Read on.

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the ant and the elephant leadership for the self a parable and 5 step plan to transform individual performance by vince poscente isbn 9780974640365 from amazons book store everyday low prices and free delivery on eligible orders vince poscente is an author a speaker and a former ski racer the ant

Of all the animals the elephant rescues, only the tiny ant returns the favor.

Many creatures are helped when two animals refuse to conform to the laws of the jungle.

The Ant and the Elephant is an entertaining parable to help you unleash the massive power of human potential. Itâ€™s goal is to demonstrate how we can unite the powerful forces of conscious and subconscious thought to reach our peak performance levels as individuals and as leaders. In this book, renowned business consultant and Olympian, Vincent Poscente, weaves a cleaver parable around profound concepts that can have an immediate impact on your life and the life of those around you. Using a mix of wit and wisdom, Poscente shows us how to focus on and re-direct our subconscious mind in order to accomplish the goals we strive to achieve. In order to explain the relationship between the conscious and sub-conscious mind in an entertaining fashion, Poscente uses the story of Adir the ant and Elgo the Elephant. The story itself is fun to read, and the wisdom he wishes to impart is woven into the story. There is a pause after each chapter, with bullet points to to help you understand the principles covered within the chapter and realize how they apply to you and how they can transform your life. Using the lessons of Adir the ant, you will learn how to : \* Clarify your vision. \* Commit to cultivating positive dominant thoughts. \* Consistently focus on performance. \* Strengthen confidence. \* Control the response to any situation. Although the story is simple and enjoyable reading, it stays on in your mind and the concepts taught in the book, when applied, will change your life forever. This book will have an immediate impact on your life.

A renowned speaker, business consultant, record-setting speed skier and Olympian, Vince Poscente believes in the enormous potential of the unconscious mind. Poscente likens the dynamic between the conscious and subconscious minds to an ant and an elephant: "Our minds are separated into two distinct functions -- the conscious and subconscious elements. Our ant is the intentional part of the brain, but our elephant is the instinctual, impulsive part of the brain that houses emotions and memories and even guides the body to perform vital functions. While we tend to know our conscious minds -- our ants -- rather well, we often overlook the power of our elephantine subconscious minds. When we do, unfortunately, we squander a wellspring of human potential." Having seen too many books focused on what a problem or solution is and too few focused on how to solve the problem, Poscente, with his trademark wit, wisdom and steely resolve, created The Ant and the Elephant -- Leadership for the Self: A Parable and Five-Step Action Plan to Transform Workplace Performance.

A Wall Street Journal Top 10 Nonfiction Book of 2017 A Publishers Weekly Best Book of 2017 A Shelf Awareness Best Book of 2017 "Ants Among Elephants is an arresting, affecting and ultimately enlightening memoir. It is quite possibly the most striking work of non-fiction set in India since Behind the Beautiful Forevers by Katherine Boo, and heralds the arrival of a formidable new writer." —The Economist The stunning true story of an untouchable family who become teachers, and one, a poet and revolutionary Like one in six people in India, Sujatha Gidla was born an untouchable. While most untouchables are illiterate, her family was educated by Canadian missionaries in the 1930s, making it possible for Gidla to attend elite schools and move to America at the age of twenty-six. It was only then that she saw how extraordinary—and yet how typical—her family history truly was. Her mother, Manjula, and uncles Satyam and Carey were born in the last days of British colonial rule. They grew up in a world marked by poverty and injustice, but also full of possibility. In the slums where they lived, everyone had a political side, and rallies, agitations, and arrests were commonplace. The Independence movement promised freedom. Yet for untouchables and other poor and working people, little changed. Satyam, the eldest, switched allegiance to the Communist Party. Gidla recounts his incredible transformation from student and labor organizer to famous poet and founder of a left-wing guerrilla movement. And Gidla charts her mother ' s battles with caste and women ' s oppression. Page by page, Gidla takes us into a complicated, close-knit family as they desperately strive for a decent life and a more just society. A moving portrait of love, hardship, and struggle, Ants Among Elephants is also that rare thing: a personal history of modern India told from the bottom up.

Why is it so hard to make lasting changes in our companies, in our communities, and in our own lives? The primary obstacle is a conflict that's built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller Made to Stick. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body; the emotional mind wants that Oreo cookie. The rational mind wants to change something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In Switch, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results: • The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients • The home-organizing guru who developed a simple technique for overcoming the dread of housekeeping • The manager who transformed a lackadaisical customer-support team into service zealots by removing a standard tool of customer service In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. Switch shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest is in changing the world or changing your waistline.

Argues that the speed and stimulation characteristic of twenty-first-century business life are conditions to be sought out and encouraged, and provides examples and advice for managing rapid change. Reprint. 50,000 first printing.

Who Says Elephants Can't Dance? sums up Lou Gerstner's historic business achievement, bringing IBM back from the brink of insolvency to lead the computer business once again.Offering a unique case study drawn from decades of experience at some of America's top companies -- McKinsey, American Express, RJR Nabisco -- Gerstner's insights into management and leadership are applicable to any business, at any level. Ranging from strategy to public relations, from finance to organization, Gerstner reveals the lessons of a lifetime running highly successful companies.

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As organizations grow in volume and complexity, the demands on leadership change. The same old moves won't cut it any more. In Chess Not Checkers, Mark Miller tells the story of Blake Brown, newly appointed CEO of a company troubled by poor performance and low morale. Nothing Blake learned from his previous roles seems to help him deal with the issues he now faces. The problem, his new mentor points out, is Blake is playing the wrong game. The early days of an organization are like checkers: a quickly played game with mostly interchangeable pieces. Everybody, the leader included, does a little bit of everything; the pace is frenetic. But as the organization expands, you can't just keep jumping from activity to activity. You have to think strategically, plan ahead, and leverage every employee's specific talents—that's chess. Leaders who continue to play checkers when the name of the game is chess lose. On his journey, Blake learns four essential strategies from the game of chess that transform his leadership and his organization. The result: unprecedented performance!

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