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SM is wildly unrealistic. Meaningful discussion of SM with such a person is therefore impossible. I'm writing this book to present SM realistically. A few points need emphasis. 1. Engaging in SM always involves serious physical, emotional, and other risks. Furthermore, you can never completely predict the amount of risk. You can do

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If he looks at me for a moment, deciding for himself, he's a dominant.”. ? Jay Wiseman, SM 101: A Realistic Introduction. 3 likes. Like. “In SM, things are often happening on several different levels at once. At one level, the dominant is selfish & cruel; at another the dominant is giving & nurturing.”.

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## [SM 101: A Realistic Introduction by Jay Wiseman, Paperback ...](#)

Jay Joseph Wiseman is an American BDSM author, educator, and expert legal witness. His most famous work is the book SM 101: A Realistic Introduction, which has somewhere in the area of 100,000 copies in print. It is also one of the Society of Janus' "Suggested Readings" regarding BDSM. Greenery Press was founded in 1991 by author Janet Hardy, and in 1995 it merged with Jay Wiseman Books under the Greenery name. Hardy continues to run the company, while Wiseman continues to serve on the Press's b

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