

Sacred Hoops Spiril Lessons Of A Hardwood Warrior

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Sacred Hoops Spiril Lessons Of

The reality TV star posted sultry images of herself lounging on a bed while sporting oversize silver hoops featuring the sacred "Om ... of the most important spiritual symbols that expresses ...

Kim Kardashian and other celebs accused of cultural appropriation

Federally funded schools used abusive tactics to strip children of their culture and inspired a similar program in Canada. A new initiative aims to reckon with that past.

A century of trauma at U.S. boarding schools for Native American children

Pandemic has exposed the limits of modernity. It is time to reflect on the illusory character of our inflated egos, the way we live.

The spiritual lessons from Covid-19

A Spiritual History of the Living World as Native Ceremony (pp. 127-171) In The Sacred Hoop, Paula Gunn Allen identifies two basic forms of Native American literature, the ceremony and the myth.

Walking in the Land of Many Gods: Remembering Sacred Reason in Contemporary Environmental Literature

He became the first Black Supreme Court justice, and the stories he told his clerks – like me – revealed how he helped break down America’s color line.

What Thurgood Marshall Taught Me

Cardinal Timothy Dolan's new book is " I am With You: Lessons of Hope and Courage in ... irritating virtual Masses and encounter a good spiritual father in Cardinal Dolan. I was and am grateful.

Cardinal Dolan's new book looks at lessons of lockdown

For generations, American Jews have been weaned on the stories of Sandy Koufax missing a World Series game in 1965 because it coincided with Yom Kippur. That gesture, more than the lefty’s four ...

What would Sandy Koufax do?

Glen Scrivener was "hit very hard" earlier this year when an investigation led by Ravi Zacharias International Ministries concluded that there was credible evidence that its founder had engaged in ...

Our Christian witness in a scandalous time

In a sense, our moms and dads were taking big spiritual risks on our behalf ... That’s where devotion to the Sacred Heart comes in. You’ve seen it, in pictures and statues – Jesus looking ...

The Divine Double Pump: A Sacred Heart Primer for Confirmands

Both of them put together set out the doctrines of morality by the pursuit of which one can prepare himself for further journey on the path of spiritual ... the study of the sacred scriptures.

Yamas and Niyamas – The Spiritual Disciplines

And who that somebody is... it's the greatest lesson of all." Her connection to the spiritual realm often ... tarot cards, sacred geometry, anything that would help her hone her gift.

Doing A Reading With J.Lo's Psychic

Meet Greentea Peng, a skilled young soul singer with a mind of her own. We spoke with her about her debut album, 'MAN MADE.' ...

Let Singer Greentea Peng Speak To Your Soul

Jessika Sessoms grew up in a conservative Black evangelical family, attended Christian schools and often heard that being gay was an abomination, until she understood that she was queer while ...

LGBTQ youth of faith pray, bond at 'Beloved Arise' group

The making of an activist athlete--and her turbulent year navigating court crises, a political rift within her own family, and her new role as spiritual leader of the Mystics team.

How Washington Mystics Point Guard Nataasha Cloud Became the WNBA's Unofficial Minister of Social Justice

Dhul Hijjah - also written as Dhu al-Hijjah - is the 12th month of the Muslim year and is when Eid ul Adha and the Hajj take place. Its name translates as "month of the pilgrimage" because it is on ...

First 10 days of Dhul Hijjah 2021 - all the good deeds and worship you should do

The first lesson is "be Steven Spielberg ... But the two films do feel connected by the spiritual desecration of Naziam, here represented by a sacred prize, the Ark of the Covenant, that ...

Raiders of the Lost Ark at 40: Indiana Jones's first adventure remains his greatest

There will be a three-day private wake for family at the Tantoco residence, followed by Holy Mass at the Sacred Heart Cathedral. Tantoco leaves behind a legacy of retailing lessons and spiritual ...

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in Sacred Hoops, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadn't yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind -- not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we" -- all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in Sacred Hoops are relevant to the issues facing his current team -- and today's reader.

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L.A. Lakers coach Phil Jackson shares his experience of combining sports and spirituality to lead his team to success, explaining how to nurture a positive group dynamic and detailing the methods he uses to teach his players how to think collectively, overcome anger, and look beyond jealousy. Reissue.

The inside story of one of basketball's most legendary and game-changing figures A New York Times bestseller During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering from coaching his way, from a place of deep values. Jackson was tagged as the "Zen master" half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players' nature, not their egos, fear, or greed. This is the story of a preacher's kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hypercompetitive world of professional sports on its head. In Eleven Rings, Jackson candidly describes how he: • Learned the secrets of mindfulness and team chemistry while playing for the champion New York Knicks in the 1970s • Managed Michael Jordan, the greatest player in the world, and got him to embrace selflessness, even if it meant losing a scoring title • Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync • Inspired Dennis Rodman and other "uncoachable" personalities to devote themselves to something larger than themselves • Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team. Eleven times, Jackson led his teams to the ultimate goal: the NBA championship--six times with the Chicago Bulls and five times with the Los Angeles Lakers. We all know the legendary stars on those teams, or think we do. What Eleven Rings shows us, however, is that when it comes to the most important lessons, we don't know very much at all. This book is full of revelations: about fascinating personalities and their drive to win; about the wellsprings of motivation and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

More than a Game covers the years that follow the one featured in the ESPN documentary series "The Last Dance." After leaving the Bulls at the end of the 1997-1998 season--the year featured in the new ESPN documentary series "The Last Dance"--Phil Jackson had one year off and started to write this book--together with his old friend, fellow player and coach, the basketball novelist Charley Rosen. Then Phil took the LA Lakers coaching job, Rosen followed him there, and by the time they finished writing this book it was 2000 and Phil had won yet another NBA championship, the first of five he would win with his new team. In More than a Game, Jackson and Rosen look backward to their origins as players and coaches, forward to the future of the game of basketball, and linger in the moving target of the present--lavishing page after page on the Triangle Offense and all the ways it reveals the essence of the game of basketball they both love so much. This is Jackson in his prime, transitioning from the Bulls to the Lakers, a master of the art of winning, who would go on to claim more NBA championships, eleven, than any other coach in NBA history. As he writes in More than a Game of his newest championship team: "We won because our fundamentals were sound, because Shaq was so dominant and Kobe was so creative, but we also won because we developed a certain confidence in our ability to win."

A popular ESPN basketball analyst and former Duke player reveals the successful work ethic he learned under Mike "Coach K" Krzyzewski, tracing his career while imparting the importance of his mentors' respective definitions of toughness to explain how they can be applied effectively to athletic and personal goals. 50,000 first printing.

Reminiscent of Phil Jackson's SACRED HOOPS, Tamir Goodman's Triple Threat explores physical, mental, and spiritual lessons, on and off the court. Tamir Goodman was dubbed "The Jewish Jordan" by SPORTS ILLUSTRATED for the unorthodox combination of basketball prowess and devout faith that he brought with him onto the court as a top-ranked high school recruit, D-I and professional basketball player. Goodman's book features practical basketball training tips, strategies to contend with the mental side of the game, and game-like scenarios to demonstrate how this advice will pay off on the court. The book also takes readers on a fascinating journey through Goodman's career, a highlight of which includes Goodman making history as the first Jewish player to play D-I and professional basketball while wearing a yarmulke and refraining from playing on the Jewish Sabbath. By weaving the hands-on advice with the intriguing personal stories, Goodman examines the basketball fundamentals of shooting, ball-handling and passing from the physical, mental and spiritual perspectives and assigns each of these moves a deeper meaning. Goodman uses examples from his career to make the point that adding an individualized spiritual element to physical and mental training can help athletes take their game to the next level, while also helping them to identify and achieve meaningful success on the court and in life. "The nickname 'Jewish Jordan' might roll off the tongue, but Tamir Goodman's journey to realize his basketball dreams was no breeze. I thoroughly enjoyed reliving all the twists and turns through HIS eyes--one of the finest sportsmen and ambassadors that our people have ever known - in this captivating book." --Marc Stein, ESPN NBA Reporter "... an inspiring book with expert basketball advice that is great for players of all levels." --Omri Casspi, Small Forward for the NBA's Cleveland Cavaliers "... a fascinating look at one man's talents on the court, in his soul, and with an ultimate higher purpose. This book is for anyone interested in the skills of serious sportsmanship and the nuances of living an integrated and rich religious life. Tamir takes the concept of athleticism as a meaningful pursuit to the highest and most profound level. What a wonderful, joyful and superbly elegant exploration into the worlds of sports, religion, and life's purpose." --Mayim Bialik, Ph.D., CLEO, Actress--The Big Bang Theory "As a DC area native, I have crystal clear memories of the Jewish Jordan phenomena and the national attention his story created. While he was obviously an exceptional basketball player, it was his unparalleled commitment to his faith that made him so impressive. This book is a refreshing look at what it takes to be successful on and off the court. It is a must read for all players and coaches. I couldn't put it down." --Alan Stein, Professional Basketball Strength & Conditioning Coach "I have had the honor and privilege of watching Tamir Goodman conduct a basketball camp for children, so I have seen him put these words into action. For all the wonderful advice included in Triple Threat, it is his combined love affair with basketball and Judaism, and his spiritual devotion to both that stands out for me. His playing career was far too short, but his passion for his game--and his God--endures.'" --Mary Schmitt Boyer, sportswriter and President of the Professional Basketball Writers Association

Phil Jackson offers his own take on his 2003-2004 season with the Los Angeles Lakers, chronicling the difficulties faced by the team--difficult relationships, public feuds, and injuries--and their successful journey to the NBA finals.

An opinionated tour of the past, present, and future of pro basketball, written by ESPN's 'Sports Guy' columnist, shares insights on everything from major NBA events and underrated players to how Hall of Famers should be selected.

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