

Handbook Of Resilience In Children Of War

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Handbook of Resilience in Children | Sam Goldstein | Springer

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The Handbook of Resilience in Children provides us with a compass and a roadmap as we undertake this challenging journey with the children in our charge." Richard D. Lavoie, M.A., M.Ed. Visiting Professor Simmons College, Boston Author of It's So Much Work to Be Your Friend "Given the many challenges and stresses facing our youth today, the Handbook of Resilience in Children is an important new contribution.

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Resilience differences between boys and girls. Measuring and evaluating resilience in clinical practice. Using resilience in interventions with children and families. Examples of school and community resilience-building programs. The Handbook addresses ways in which the hypothetical and theoretical concepts of resilience can be applied in practice. It provides clinicians, academics, and mental health professionals with the information needed to affect positive youth development.

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With Robert Brooks, Ph.D., he has authored 11 texts including, Handbook of Resilience in Children, Understanding and Managing Children's Classroom Behavior – 2nd Edition, Raising Resilient Children, Nurturing Resilience in Our Children, Seven Steps to Help Children Worry Less, Seven Steps to Anger Management, The Power of Resilience, Raising a Self-Disciplined Child and Raising Resilient Children with Autism Spectrum Disorders.

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Handbook of Resilience in Children - Goldstein, Sam ...

The prevailing definition of 'resilience' is: 'The capacity of a system, community or society potentially exposed to hazards to adapt, by resisting or changing in order to reach or maintain an acceptable level of functioning and structure.

Reaching Resilience

The second edition of the Handbook of Resilience in Children is a must-have reference for researchers, clinicians, allied practitioners and professionals, and graduate students in school and clinical psychology, education, pediatrics, psychiatry, social work, school counseling, and public health.

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Handbook Of Resilience In Children [EBOOK]

** Free eBook Handbook Of Resilience In Children ** Uploaded By Judith Krantz, large scale longitudinal studies on resilience the second edition of the handbook of resilience in children is a must have reference for researchers clinicians allied practitioners and professionals and graduate students in school and clinical psychology

Today's children face a multitude of pressures, from the everyday challenges of life to the increasing threats of poverty, exploitation, and trauma. Central to growing up successfully is learning to deal with stress, endure hardships, and thrive despite adversity. Resilience – the ability to cope with and overcome life's difficulties – is a quality that can potentially be nurtured in all young people. The second edition of the Handbook of Resilience in Children updates and expands on its original focus of resilience in children who overcome adversity to include its development in those not considered at risk, leading to better outcomes for all children across the lifespan. Expert contributors examine resilience in relation to environmental stressors, as a phenomenon in child and adolescent disorders, and as a means toward positive adaptation into adulthood. New and revised chapters explore strategies for developing resilience in the family, the therapist's office, and the school as well as its nurturance in caregivers and teachers. Topics addressed include: Resilience in maltreated children and adults. Resilience and self-control impairment. Relational resilience in young and adolescent girls. Asset-building as an essential component of treatment. Assessment of social and emotional competencies related to resilience. Building resilience through school bullying prevention programs. Large-scale longitudinal studies on resilience. The second edition of the Handbook of Resilience in Children is a must-have reference for researchers, clinicians, allied practitioners and professionals, and graduate students in school and clinical psychology, education, pediatrics, psychiatry, social work, school counseling, and public health.

Their frightened, angry faces are grim reminders of the reach of war. They are millions of children, orphaned, displaced, forced to flee or to fight. And just as they have myriad possibilities for trauma, their lives also hold great potential for recovery. The Handbook of Resilience in Children of War explores these critical phenomena at the theoretical, research, and treatment levels, beginning with the psychosocial effects of exposure to war. Narratives of young people's lives in war zones as diverse as Afghanistan, Sri Lanka, Columbia, and Sudan reveal the complexities of their experiences and the meanings they attach to them, providing valuable keys to their rehabilitation. Other chapters identify strengths and limitations of current interventions, and of constructs of resilience as applied to youth affected by war. Throughout this cutting-edge volume, the emphasis is on improving the field through more relevant research and accurate, evidence-based interventions, in such areas as: An ecological resilience approach to promoting mental health in children of war. Child soldiers and the myth of the ticking time bomb. The Child Friendly Spaces postwar intervention program. The role of education for war-zone immigrant and refugee students. Political violence, identity, and adjustment in children. The Handbook of Resilience in Children of War is essential reading for researchers, scientist-practitioners, and graduate students in diverse fields including clinical child, school, and developmental psychology; child and adolescent psychiatry; social work; counseling; education; and allied medical and public health disciplines.

The Handbook For Working With Children & Youth: Pathways To Resilience Across Cultures and Contexts examines lives lived well despite adversity. Calling upon some of the most progressive thinkers in the field, it presents a groundbreaking collection of original writing on the theories, methods of study, and interventions to promote resilience. Unlike other works that have left largely unquestioned their own culture-bound interpretations of the ways children and youth survive and thrive, this volume explores the multiple paths children follow to health and well-being in diverse national and international settings. It demonstrates the connection between social and political health resources and addresses the more immediate concerns of how those who care for children create the physical, emotional, and spiritual environments in which resilience is nurtured.

What enables people to bounce back from stressful experiences? How do certain individuals maintain a sense of purpose and direction over the long term, even in the face of adversity? This is the first book to move beyond childhood and adolescence to explore resilience across the lifespan. Coverage ranges from genetic and physiological factors through personal, family, organizational, and community processes. Contributors examine how resilience contributes to health and well-being across the adult life cycle; why—and what happens when—resilience processes fail; ethnic and cultural dimensions of resilience; and ways to enhance adult resilience, including reviews of exemplary programs.

Resilience is a topic that is currently receiving increased attention. In general, resilience refers to the capacity of those who, even under the most stressful circumstances, are able to cope, to rebound, and to go on and thrive. Resilient families are able to regain their balance following crises that arise as a function of either nature or nurture, and to continue to encourage and support their members as they deal with the necessary requirements for accommodation, adaptation and, ultimately, healthy survival. Handbook of Family Resilience provides a broad body of knowledge regarding the traits and patterns found to characterize resilient individuals and well-functioning families, including those with diverse structures, various ethnic backgrounds and a variety of non-traditional forms. This Handbook brings together a variety of perspectives aimed at understanding and helping to facilitate resilience in families relative to a full range of challenges.

This book offers coping strategies for facing the combined elements of academic performance, high achievement standards, media messages, peer pressure, and family tension.

How are people and communities able to prevail despite challenge? What helps them bounce back from adversity and even grow in knowledge and understanding? And can this resilience be taught? During the past decade, exciting scientific advances have shed light on how resilience operates from neurons to neighborhoods. In The Resilience Handbook, experts in the science of resilience draw on human and animal research to describe the process of resilience and follow its course as it unfolds both within individuals and in social networks. Contributors also highlight the promise of new interventions that apply what we know about resilience processes to bolster positive health, and raise some of the pressing questions and issues for the field as it matures. This handbook is designed to be used by students as an invitation to a burgeoning field; by researchers, as a framework for advancing theories, hypotheses, and empirical tests of resilience functions; and by clinicians, as a comprehensive and up-to-the-minute integration of theory and practice.

Psychological resilience has emerged as a highly significant area of research and practice in recent years, finding applications with a broad range of different groups in many settings. Contemporary discourse is not limited to ways of effective coping with adversity but also introduces mechanisms that can lead to enhanced capacity after dealing with difficult circumstances and recognises the importance of enriching the field with varied perspectives. The Routledge International Handbook of Psychosocial Resilience is a comprehensive compendium of writings of international contributors that takes stock of the state-of-the-art in resilience theory, research and practice. The Routledge International Handbook of Psychosocial Resilience covers the many different trajectories that resilience research has taken in four parts. Part One delineates the 'Conceptual Arena' by providing an overview of the current state of theory and research, exploring biological, psychological, and socio-ecological perspectives and discussing various theoretical models of personal and social resilience. The 'Psychosocial Correlates' of resilience are discussed further in Part Two, from personal and personality correlates, socio-environmental factors and the contextual and cultural conditions conducive to resilient behaviour. In Part Three, 'Applied Evidences' are introduced in order to build upon the theoretical foundations in the form of several case studies drawn from varied contexts. Examples of resilient behaviour range from post-disaster scenarios to special operation groups, orphaned children, and violent extremism. Finally, Part Four, 'Proposed Implications and Resilience Building', sums up the issues involved in discussing post-traumatic growth, wellbeing and positive adaptation in the varied contexts of personal, familial, organizational and societal resilience. The volume provides a comprehensive overview of resilience theory, practice and research across disciplines and cultures, from varied perspectives and different populations. It will be a key reference for psychiatrists, psychologists, psychotherapists and psychiatric social workers in practice and in training as well as researchers and students of psychology, sociology, human development, family studies and disaster management.

This highly anticipated third edition of the Handbook of Parenting brings together an array of field-leading experts who have worked in different ways toward understanding the many diverse aspects of parenting. Contributors to the Handbook look to the most recent research and thinking to shed light on topics every parent, professional, and policy maker wonders about. Parenting is a perennially "hot" topic. After all, everyone who has ever lived has been parented, and the vast majority of people become parents themselves. No wonder bookstores house shelves of "how-to" parenting books and magazine racks in pharmacies and airports overflow with periodicals that feature parenting advice. However, almost none of these is evidence-based. The Handbook of Parenting is. Period. Each chapter has been written to be read and absorbed in a single sitting, and includes historical considerations of the topic, a discussion of central issues and theory, a review of classical and modern research, and forecasts of future directions of theory and research. Together, the five volumes in the Handbook cover Children and Parenting, the Biology and Ecology of Parenting, Being and Becoming a Parent, Social Conditions and Applied Parenting, and the Practice of Parenting. Volume 5, The Practice of Parenting, describes the nuts-and-bolts of parenting as well as the promotion of positive parenting practices. Parents meet the biological, physical, and health requirements of children. Parents interact with children socially. Parents stimulate children to engage and understand the environment and to enter the world of learning. Parents provision, organize, and arrange their children's home and local environments and the media to which children are exposed. Parents also manage child development vis-à-vis childcare, school, the circles of medicine and law, as well as other social institutions through their active citizenship. The chapters in Part I, on Practical Parenting, review the ethics of parenting, parenting and the development of children's self-regulation, discipline, prosocial and moral development, and resilience as well as children's language, play, cognitive, and academic achievement and children's peer relationships. The chapters in Part II, on Parents and Social Institutions, explore parents and their children's childcare, activities, media, schools, and healthcare and examine relations between parenthood and the law, public policy, and religion and spirituality.

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