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owner's manual - Garmin

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Page 7 Electrodes Electrodes FR70 Quick Start Manual 3. Wrap the strap around your chest, and connect the other side. nOTE: The Garmin logo should be right-side up. 4. Bring the FR70 within range (3 m) of the accessory.

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FR70 Quick Start Manual 3 • On the Virtual Partner@page, press and hold to adjust the Virtual Partner pace. (Optional foot pod must be paired to view Virtual Partner page.) ? LaP/rESET • Press to create a new lap.

quick start manual - Garmin

The readings are stored on FR70, then automatically sent to Garmin Connect™ when in range of your computer. Listen to Your Heart. FR70 also connects wirelessly to a heart rate monitor, providing instant feedback about how hard you're working. FR70 continuously tracks heart beats per minute and displays your heart rate zone, so you can monitor and improve your fitness level. Go for Distance ...

FR70 | Garmin

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Garmin FR70 User Manual

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Garmin Fr70 Owner Manual Best Version

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