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In his new book Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity, and Disease, endocrinologist and obesity doc Robert Lustig deconstructs the mythology of fat. He says exercise,...

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Fat Chance: Beating the Odds Against Sugar.

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A dental assistant is challenged to find her self-worth when she falls in love with a young man by using her attractive friends' picture on an online dating ...

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Praise For Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity, and Disease ... “No scientist has done more in the last fifty years to alert Americans to the potential dangers of sugar in the diet than Dr. Robert Lustig.” -- Gary Taubes, author of Good Calories, Bad Calories and Why We Get Fat

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## Fat Chance: Beating the Odds Against Sugar Processed Food ...

January 11, 2013 • In his new book *Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity, and Disease*, endocrinologist and obesity doc Robert Lustig deconstructs the mythology of fat.

### Fat Chance : NPR

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