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Communicate the importance of collaboration with families and utilize approaches to engage families in the treatment of children and adolescents. Utilize the CBT thought records and mood charting in order to enhance data-based decision making. OUTLINE. CBT Toolbox for Children & Adolescents Core Components.

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CBT Toolbox for Children & Adolescents: Over 200 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders Paperback - 23 Mar. 2020 by Lisa Weed Phifer (Author), Amanda Crowder (Author), Tracy Elsenraat (Author), 4.7 out of 5 stars 1,538 ratings See all formats and editions

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