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Co-founder of The Gottman Institute and co-founder of Affective Software, Inc. with his wife, Dr. Julie Schwartz Gottman, John was also the Executive Director of the Relationship Research Institute. He is Professor Emeritus of Psychology at the University of Washington, where he founded "The Love Lab" at which much of his research on couples' interactions was conducted.

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JOHN M. GOTTMAN (født 1942) er professor emeritus i psykologi, og kjent som verdens fremste samlivsforsker. Sammen med sin kone, Julia Schwartz, driver han Gottman-instituttet i USA. Gottman har forsket på parforhold og familiepsykologi i over 40 år. Hans forskning er bredt anerkjent og er en av de mest siterte i feltet.

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John M. Gottman, PhD, is William Mifflin Professor of Psychology at the University of Washington in Seattle. World-renowned for his work on marital stability and divorce prediction, Dr. Gottman has conducted 40 years of breakthrough research with thousands of couples.

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Gottman has studied marriage, couples and parent relationships for

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nearly four decades. He has authored or co-authored 119 published articles as well as 44 books, including: The Seven Principles for Making Marriage Work, The Relationship Cure, Why Marriages Succeed or Fail, and How You Can Make Yours Last, Raising an Emotionally Intelligent Child: The Heart of Parenting, And Baby Makes Three and The Marriage Clinic.

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John Gottman, Ph.D., is Professor Emeritus of Psychology at the University of Washington, where he established what the media called, "The Love Lab," and conducted much of his award-winning research on couple interaction and treatment.

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