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download button below and enter your email to receive a PDF copy. You'll also receive our occasional bike touring newsletters (don't worry, you can unsubscribe at any time).

~~Bike Touring Survival Guide Preview - Travelling Two ...~~

Adventure Motorcycle Touring: A Survival Guide There's something magical about going on a motorcycle tour with your adventure bike (especially if it's a BMW GS , but maybe we're biased). Whether your goal is to reach some remote corners of the world or just revisiting your local trail for a bit of moto therapy, when it's just you and your motorcycle entirely off the beaten path, all is right in the world.

~~Adventure Motorcycle Touring: A Survival Guide - Lone Rider~~

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We're proud to announce that the Bike Touring Survival Guide can now be ordered as a printed copy! It's 241 pages of bike touring advice, bound by a full-colour soft cover. We're really pleased with how it came out, and hope those of you who prefer a paper book will enjoy it too. You can get your copy from Blurb. They'll ship all over the world, and you can pay in U.S. dollars or in Euros.

~~Bike Touring Survival Guide In Print | TravellingTwo ...~~

Hence the Bike Touring Survival Guide (e-book) is advertised on the website as “250 pages of tips from over 50 experienced bike tourists”. The actual book has 455 pages. I purchased the 1st edition of the Bike Touring Survival Guide a couple of years ago with the promise that when the second edition was printed I would receive a copy.

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~~Bike Touring Survival Guide is Highly Recommended for ...~~

Friedel & Andrew's Bike Touring Survival Guide is an excellent introduction, chock full of encouragement and helpful information for loaded bike touring inexpensively in North America and around the world. Women will especially appreciate very practical information on some of the hygiene and cultural challenges you might face while on the road.

~~Cyclelicious » Bicycle touring survival guide~~

Three years ago, we published our Bike Touring Survival Guide. Our goal was to provide a helpful, affordable and comprehensive handbook for anyone planning a bike tour. So far, it seems to be hitting the mark, with over 6,000 copies

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sold and a raft of positive reviews. This success encouraged us to continue working on the book and in early 2013 we actively began pulling together an updated version.

~~2nd Edition of the Bike Touring Survival Guide, Now ...~~

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“Bicycle touring” (also referred to as “cycle touring, bike touring, bike travel, bicycle travel, adventure cycling, and

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bikepacking”) is the act of riding a bicycle for days, weeks, months or even years on end as you travel across entire cities, states and countries under your own power (without the assistance of a motor).

~~START HERE: The Beginner's Guide To Bicycle Touring~~

You can do it, and the Bike Touring Survival Guide will help. It includes information on: * Getting Ready (packing, planning, finding a route) * Daily Logistics (navigating, sleeping, eating) * The People You Meet (weird questions people ask, accepting hospitality) * Staying Connected (staying in touch, gadgets, electricity, inte Product Description

~~The Bike Touring Survival Guide by Friedel Grant~~

What to Look for in a Touring Bike

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Experienced bicycle travelers have their preferences, but there is no single style of bicycle that is an overwhelming favorite. Ultimately, your choice is based on personal preference and the style of touring you want to do (paved roads vs. dirt roads and trails, amount of gear to carry, etc.).

~~Bike Touring 101 | Adventure Cycling Association~~

The 2nd edition of our Bike Touring Survival Guide is now available! The book now totals 450-pages (or 128,000 words) of bike touring guidance. Thank you for helping us to make it happen. Bike Touring Survival Guide updated their cover photo.

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cover photo for the 2013 edition of the Bike Touring Survival Guide (written by Friedel & Andrew of travellingtwo.com).

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I liked this Bike Touring Survival guide, Read it from cover to cover as it was my first real introduction to bicycle touring. Lots of good pointers and an excellent

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introduction. Reasonable price and had some good material. Nice book. Thank you for providing it on Amazon.com

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City cycling made simple North America's cities have long been the domain of the car, but thanks to the undeniable benefits of active transport, bicycles have an

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increasing presence in the urban landscape. Yet our cities weren't designed for bicycles, making for intimidating, and sometimes dangerous, environments for cyclists. The Urban Cycling Survival Guide is an accessible, straight-forward pocket guide that helps cyclists new to the urban environment negotiate all the challenges, obstacles, and rules - spoken and unspoken Ñ that come with sharing the roads. From picking the bike that's right for you to smart riding strategies, tips for drivers, and bike maintenance, Cycle Toronto founding executive director Yvonne Bambrick is your trusted guide. With illustrations to help clarify even the trickiest bike situation, The Urban Cycling Survival Guide is an indispensable, attractive set of training wheels that can make anyone a confident, joyful city rider.

The only guide of its kind, China by Bike

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allows you to get close enough to everyday Chinese life to taste what natives call ren ching wei - the "flavour of humanness."

What do you do if your aircraft ditches at sea? Or your building is on fire? Or you are the victim of a terrorist attack? Would you make the right decision to save yourself and the lives of others? Crisis Survival is a complete handbook to any crisis that may suddenly arise, from food or water shortages, to natural disasters, to plane crashes and hostage situations. A crisis might last a few hours, days, or even years – with this book you can be ready for any eventuality. With easy-to-follow illustrations and handy lists of key information, Crisis Survival is the definitive crisis survival guide for anyone wanting to be ready for anything – it could literally save your life.

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This updated edition includes detailed information on transportation, dining, accommodations, and nightlife, with special sections for business travel, senior citizens, and even planning a Bermuda wedding.

Yoga, kickboxing, spinning, weights, cardio machines: the gym can leave novices bewildered! What is all that equipment for--and how do you use it? This survival manual is the antidote to gym confusion. It shows newcomers the ropes, serving up savvy advice that will get them fearlessly on the road to becoming healthier, slimmer, and stronger. From an overview of membership types

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(including questions to ask before signing) to help on determining your goals, from creating a well-rounded fitness program to thoroughly illustrated explanations of every type of class and equipment, this volume has it all. There's information on resistance, cardiovascular, core, and flexibility training, as well as descriptions of the different gym areas. You'll even find a "Code of Gym Conduct."

A complete reference guide for cyclists planning extended trips includes everything a responsible biker needs to know, including the ultimate packing checklist, tips on selecting a bike and what clothing to wear, and much more. Original. 15,000 first printing.

Make the most of your next road trip with these essential tips and tricks for planning the ultimate epic adventure. During

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COVID-19, we've all had to find different ways to travel. From the disruptions of airlines to the possibility of many travel restrictions at your destination, the car has become a more attractive (and safer) option. One part Bushcraft 101 and one part vacation planning workbook, The Road Trip Survival Guide provides guidance for new road trippers as well as essential tips and tricks for even the most experienced roadsters including: -How to organize your car for trips -Packing lists for different types of vacations, from city breaks to outdoor adventures -How to develop the perfect road trip itinerary that will suit the whole family -Recipes and recommendations for the best car snacks (easy access and less mess!) -Tips and tricks for making your trip more eco-friendly -How to reroute a road trip gone wrong -And more! The Road Trip Survival Guide is a must-have for anyone

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planning a vacation. Perfectly designed to fit in a glove box or back-seat pocket, you can now stop dreaming, hit the open road, and start experiencing the perfect road trip.

What should a cyclist do after getting hit by a car? What lesson learned by bicycle cops can teach normal cyclists how to avoid theft? What is the most expensive bike ever made? What are the most potentially lethal accessories that any cyclist should think twice before buying? The Urban Cyclist's Survival Guide by James Rubin and Scott Rowan answers all the questions that commuters have when thinking about using their bike instead of car or public transportation to get around.

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